Track: 2026-05-31 Monti Tino e Faito	**IBP = 128 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	13.33 Km
Analyzed distance	13.33 Km
Lineal distance	0.02 Km

Accumulated climb	1240.4 m
Accumulated descent	1240.9 m
Maximum height	1915.1 m
Minimal height	932.1 m
Climb rate	25.58 %
Descent rate	15.58 %
Positive climb difference per km	93.05 m
Negative descent difference per km	93.09 m

Total time	6:57:02 h
Time in movement	4:32:43 h
Stopped time	2:24:19 h

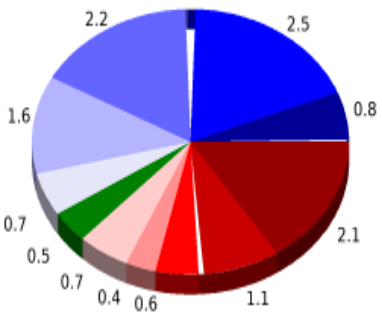
Total speed average	1.92 Km/h
Average speed in movement	2.93 Km/h
Maximum held speed	5.73 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	915 (cad. 14.56 m)
Significant points	361 (cad. 37.02 m / 39.45 %)
Aberrant points	121 (13.22 % d. total)

Direction changes per km	13.5
Direction changes >5º per km	11.85
Accumulated straight stretches	1.339 Km
Straight stretches per km	100.45 m
Penalizables slope changes	8
Penalizables slope changes per km	0.6

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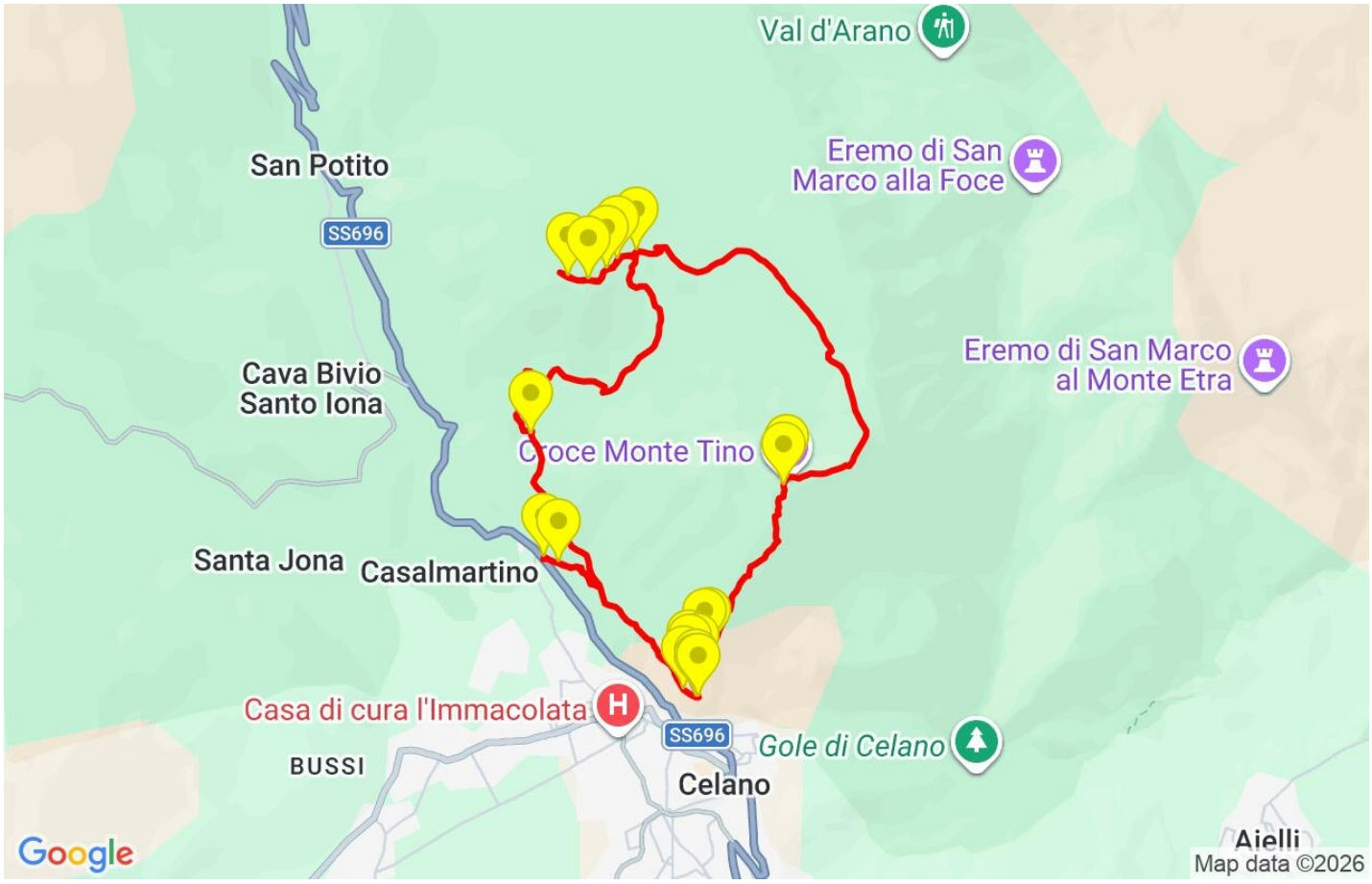
Summary of slopes

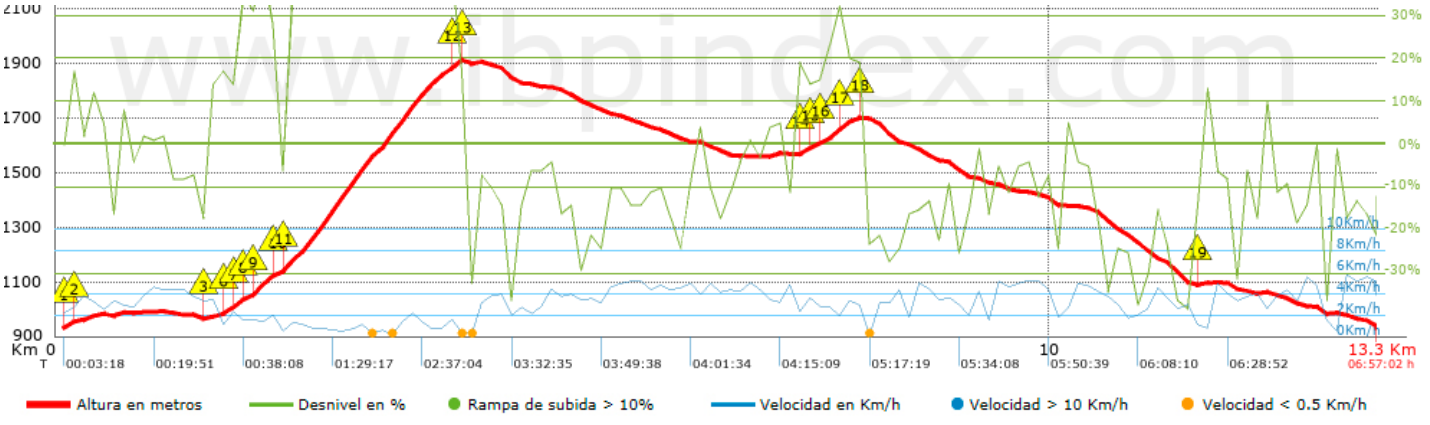


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.129	15.98	1.8	1:10:49
	Between 15 and 30%	1.074	8.06	2.74	0:23:31
	Between 10 and 15%	0.551	4.13	2.67	0:12:22
	Between 5 and 10%	0.39	2.93	3.32	0:07:03
	Between 1 and 5%	0.706	5.3	4.06	0:10:25
	Total :	4.85	36.39	2.34	2:04:10
	Plain				
	Difference of 1%	0.512	3.84	3.06	0:10:02
	Breakdown descents				
	Between 1 and 5%	0.713	5.35	4.25	0:10:03
	Between 5 and 10%	1.636	12.28	3.77	0:26:04
	Between 10 and 15%	2.247	16.86	4.03	0:33:27
	Between 15 and 30%	2.531	18.99	3.24	0:46:55
	Between 30% and 55%	0.838	6.29	2.28	0:22:02
	Total :	7.965	59.77	3.45	2:18:31
	Total track :	13.33	100 %	2.93	4:32:43

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.071	19 %	109 m
2	0.18	11 %	166 m
3	1.51	13 %	100 m
4	1.61	17 %	43 m
5	1.653	22 %	33 m
6	1.686	21 %	110 m
7	1.796	27 %	34 m
8	1.83	16 %	98 m
9	1.927	34 %	247 m
10	2.174	17 %	101 m
11	2.275	44 %	1675 m
12	3.95	36 %	70 m
13	4.02	17 %	31 m
14	7.415	17 %	162 m
15	7.577	15 %	118 m
16	7.695	28 %	178 m
17	7.873	25 %	147 m
18	8.02	21 %	68 m
19	11.491	15 %	114 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
1750	1756.252	13.18	0:40:40	2.59	0:33:30	1:14:10	1.42
1500	4309.897	32.34	1:19:21	3.26	1:07:08	2:26:29	1.77
Total :	6.066 Km	45.52 %	2:00:01 h	3.03 Km/h	1:40:38 h	3:40:39 h	1.65 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.208	0:04:00	1134	0:50:50	0:50:50	2.208
2.523	0:11:13 > 10´	1245	1:09:53	0:19:03	0.315
2.69	0:02:59	1324	1:23:36	0:13:43	0.167
2.759	0:14:17 > 10´	1357	1:29:17	0:05:41 < 10´	0.069
2.934	0:03:37	1440	1:45:40	0:16:23	0.175
3.086	0:08:27	1512	1:56:11	0:10:31	0.151
3.218	0:05:40	1575	2:08:55	0:12:44	0.133
3.321	0:08:50	1624	2:17:11	0:08:16 < 10´	0.103
3.704	0:02:53	1797	2:38:20	0:21:09	0.383
3.778	0:02:36	1824	2:42:53	0:04:33 < 10´	0.074
4.02	0:28:01 > 10´	1907	2:52:56	0:10:03	0.242
8.058	0:44:11 > 10´	1700	4:32:28	1:39:32	4.038
11.454	0:02:55	1089	6:21:46	1:49:18	3.396
12.778	0:04:40	982	6:44:34	0:22:48	1.324
Total :	2:24:19 h				

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